
Confidential Personal Information

Name: _____

Address: _____

City: _____ State: _____ ZIP _____

Phone (h): (_____) _____ Cell: (_____) _____

Phone (w): (_____) _____ Fax: (_____) _____

Email: _____

Occupation: _____

Date of Birth: ____ / ____ / _____ Age: _____

Circle one: Married Single Divorced Widowed

Spouse/Domestic Partner: _____

Children, names & ages (oldest to youngest): _____

Comments: _____

PATIENT HEALTH HISTORY

Name: _____ Date: _____

Personal Health History

- | | | | | |
|--|--|---|--|--|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Gall Bladder | <input type="checkbox"/> Immune System |
| <input type="checkbox"/> Urinary Bladder | <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Liver Problems | <input type="checkbox"/> Food Cravings | <input type="checkbox"/> Nervous System |
| <input type="checkbox"/> Sexual System | <input type="checkbox"/> Stomach Problems | <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Cancer (if yes, what type?) |
| <input type="checkbox"/> Muscular System | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety | Type: _____ |
| <input type="checkbox"/> Skeletal System | <input type="checkbox"/> Sprains | <input type="checkbox"/> Strains | <input type="checkbox"/> Disc Problems | Other: _____ |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Mid Back Pain | <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Sciatica | Other: _____ |

Family Health History

- | | | | | |
|--|--|---|--|--|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Gall Bladder | <input type="checkbox"/> Immune System |
| <input type="checkbox"/> Urinary Bladder | <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Liver Problems | <input type="checkbox"/> Food Cravings | <input type="checkbox"/> Nervous System |
| <input type="checkbox"/> Sexual System | <input type="checkbox"/> Stomach Problems | <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Cancer (if yes, what type?) |
| <input type="checkbox"/> Muscular System | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety | Type: _____ |
| <input type="checkbox"/> Skeletal System | <input type="checkbox"/> Sprains | <input type="checkbox"/> Strains | <input type="checkbox"/> Disc Problems | Other: _____ |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Mid Back Pain | <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Sciatica | Other: _____ |

Please circle if you have ever sprained any ligaments or strained any muscles or tendons in the following areas:

- | | | | | | | |
|----------|----------|----------|-------|------------|-------------|------|
| Head | Neck | Shoulder | Elbow | Wrist/Hand | Finger | Toes |
| Mid-Back | Low-Back | Hip | Knee | Ankle/Foot | Other _____ | |

What treatments did you receive and what were the results? _____

- Was your birth traumatic (Forceps, Torticollis), etc.? Yes No
- For women who have given birth, did any of your children have a traumatic birth? N/A Yes No
- Have you had any (serious) slips and falls in your childhood? Yes No
- How you ever had any car accidents in your life? Yes No
- Did you ever have an injury that required hospitalization? Yes No
- Were you ever hospitalized for any other reason? Yes No
- If yes, please explain: _____
- Did you lose consciousness from any injury? Yes No
- Did you ever lose consciousness for any other reason? Yes No
- If yes, please explain: _____
- Did you ever have any X-rays, MRI's or CT Scans? Yes No
- If Yes, for what? _____
- At what location? _____
- Have you every fractured a bone? Yes No
- If Yes, what bone(s)? _____
- Have you ever dislocated a joint? Yes No
- If Yes, what joint and what was the treatment? _____

Exercise: _____ Minutes Type _____ Any Difficulties _____

How much do you: smoke _____ Packs/day alcohol consumption: _____ drinks/week
 coffee _____ cups/day soda _____ oz/day

HEALTH Questionnaire

Name: _____ Date: _____

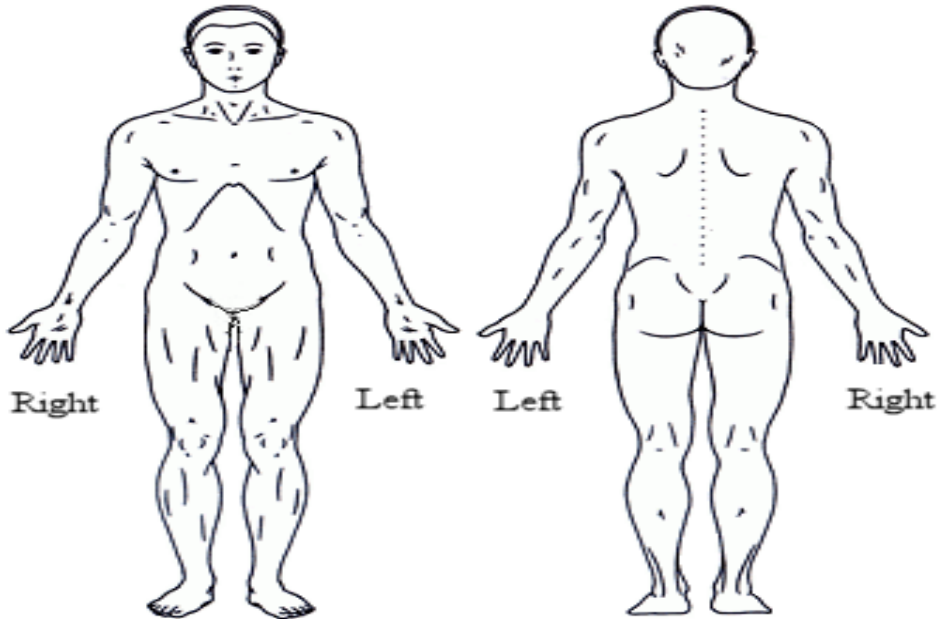
Ht. _____ " Wt. _____ lbs.

S: Patient reports the main reason they are here is: _____

Location of Problem/Pain/Dysfunction: _____

FRONT

BACK



How did it happen? _____

Frequency of Problem: Constant Frequent Intermittent Every now & then Seldom

When did it happen? _____

What makes it better? _____

What makes it worse? _____

Is the pain: Sharp Dull Burning Throbbing Aching Stabbing No Feeling Other _____

Does the pain travel? _____

On a scale of 0 to 10, if 0 is pain/problem Free and 10 is Unbearable, what number would you assign the pain/problem when it is *at its worst*?

- 0 – No concern 1 – Slight 2 – Mild 3 – Uncomfortable 4 – Disturbing 5 – Highly Uncomfortable
- 6 – Distressing 7 – Increasingly Distressing 8 – Intense 9 – Extremely Intense 10 – Unbearable

Any time of day where pain is worse? _____

Additional Symptoms / other than pain: _____

Don Strasburger, DC
1102 Lily Lake Rd, PO Box 495
Waverly PA 18471
don.strasburger@gmail.com
donstrasburger.com
(570)290.3833

Thank you for choosing our office for taking care of your health. We provide a variety of healthcare services. These include: Initial Consultations, Extensive Consultations, Chiropractic Adjustments, Therapeutic Muscle Stretching, Applied Kinesiology, Stress Reduction through Neuro Emotional Technique, Food Cravings and Stress Eating. We also use nutrition and homeopathy as a support for better health.

The fee for services is \$75 per 20 minutes and pro-rated thereafter. Nutritional Supplements are extra and Homeopathic remedies are \$25 each. For best results, focused discussion and follow-through on all recommendation is important.

For NET, I understand Dr. Strasburger's attempt to coordinate my body and nervous system are NOT the practice of psychology or psychiatry. While many patients have received wonderful results, we do not guarantee results. Insurance coverage does not apply as is true of most elective procedures.

If there are any questions, please feel free to contact our office. Thank you.